5th Annual Report

Sharon Sanitorium, (No. 2)

THE SHARON SANITARIUM FROM THE SOUTHWEST.

Fifth Annual Report

of the

Sharon Sanitarium

for

Pulmonary Diseases

SHARON, MASS. . . . MARCH, 1896.

INCORPORATED MARCH, 1891

BOSTON.
GEO. H. MORSE & CO., 3 TREMONT ROW,
1896.

FORM OF BEQUEST.

---------- of ---------- in the County of ---------- and State of ---------- give and bequeath unto the Sharon Sanitarium for Pulmonary Diseases, in Sharon, in the State of Massachusetts, its successors and assigns, the sum of ---------- dollars.

ADDENDUM.

Member of the Board of Directors.

EDMUND F. MERRIAM of Sharon.

Officers of the Sharon Sanitarium.

BOARD OF DIRECTORS.

ALFRED BOWDITCH, President,

N. H. STONE, Treasurer,

614 Sears Building, Boston.

REGINALD GRAY.

L. VERNON BRIGGS.

MISS OLIVIA Y. BOWDITCH.

MISS ALICE M. CURTIS, Secretary.

MRS. ALICE S. KING.

MISS ALICE B. WELD.

VINCENT Y. BOWDITCH, M. D.

ROBERT W. LOVETT, M. D.

CONSULTING PHYSICIAN.

FREDERICK I. KNIGHT, M. D.

ASSISTANT PHYSICIAN.

FREDERICK S. DE LUE, M. D., 1895–6.

MATRON.

MRS. M. E. SMALL.

OBJECT OF THE SHARON SANITARIUM.

TO supply a suitable institution for the treatment of incipient pulmonary diseases only, arising in those who are unable, for pecuniary and other reasons, to seek distant health resorts. Only patients who are in reduced circumstances are received, and no advanced cases are admitted.*

Price of board $5.00 per week, exclusive of washing. The services of the Medical Director and medicines are given free of charge.

Visiting Days, Tuesdays, Thursdays and Saturdays, from 2 to 5 P. M.

Applications must be made to the Matron, MRS. M. E. SMALL, Sharon, Mass.

* Only women are received at present at the Sanitarium until sufficient funds are raised to build other cottages.

All gifts of money may be sent to the Treasurer,

Mr. N. H. STONE,

614 Sears Building, Boston.

Directors' Report.

THE Directors of the Sanitarium, in offering to the public the fifth Annual Report, are pleased to present the same gratifying results that have heretofore been shown. Much more has been accomplished by the treatment of consumptive cases here than is possible when patients remain in their homes.

The fact that in Germany, France and England sanitaria for consumptives are increasing rapidly in number speaks more forcibly than anything else for the success of such institutions. America is far behind Europe in this respect, although the importance of such methods of treatment is more and more recognized by the medical profession and by the community at large. The Sharon Sanitarium is the only one for this special purpose in New England.

As the result of an appeal to the public a year ago enough money has been supplied to keep the institution out of debt thus far, but increased funds are earnestly asked for, that new buildings, on the cottage or pavilion system, may be erected. These are greatly needed to supply the demands of applicants. It is especially gratifying to the Directors to state that by personal appeal the number of "annual sub-

scribers" has been largely increased, and the cordial and generous response of those who have been applied to shows very clearly the attitude of the community on this subject. A still larger number of subscribers is asked for, and the smallest sums are gratefully received.

As stated in previous reports, the annual expenses of such an institution are proportionately large when compared with others of similar size. This is largely due to methods which are deemed essential to the purpose. With a larger number of beds the expense *per capita* could be reduced. In order to get the opinion of an expert in such matters, Prof. Ellen Richards, of the Massachusetts Institute of Technology, was consulted. During the past year she visited the Sanitarium, and reported that in her opinion the household expenses could not be reduced without interfering with what is deemed essential for the welfare of the patients, but that the expense *per capita* would be reduced when the institution is enlarged.

Special efforts are always made to obtain for patients, when they leave, different forms of occupation from those in which they were engaged when the trouble began; but even when this has been impossible, the strict hygienic rules of the life at Sharon prove of great advantage to the patients when they return to their homes.

The Directors again wish to emphasize the fact that the Sanitarium is intended solely for cases in which signs of pulmonary disease are *just beginning*, and is not meant for advanced cases of consumption.

Letters are continually being received from patients who have been discharged as "arrested cases" in former years, stating that they have remained perfectly well since leaving the Sanitarium; and even those who have been only temporarily relieved have in many cases resumed their occupations, and write gratefully of the care they have received at the Sanitarium.

The Directors wish to express their thanks to all who have aided the institution in any way; especially the ladies who have furnished the weekly entertainments during the winter. Their special thanks are due to Prof. Ellen Richards, who kindly gave her time and services, and to the Boston "Herald," "Transcript," and "Advertiser"; also to the Sharon "Advocate" and Sharon "Enterprise," in all of which papers kindly notices and appeals for aid have at times been printed.

The long-distance telephone which was placed in the building last year by the kindness of one who has been most generous to the Sanitarium has been of inestimable advantage in enabling the physicians in town to communicate easily with the inmates, and in lessening the labors of the Matron in many ways.

During the year the Directors have with regret been obliged to receive and accept the resignations of two members of their board, viz., Miss M. H. Denny and Mrs. Hermann F. Duryea, both of whom have taken a warm interest in the Sanitarium.

In closing their report, the Directors make an earnest appeal for largely increased funds to enable them to extend the usefulness of the Sanitarium. The sum of five thousand dollars has been given as a nucleus for a building fund, but it is thought best not to develop the plans already made for the enlargement of the present building until the fund reaches fifteen thousand dollars. An endowment fund is also desired, and a still larger list of "annual subscribers," the smallest sums being gratefully received.

THE DIRECTORS.

Medical Report.

THE number of new patients admitted during the year following March 1, 1895, is 11.

Number of patients readmitted, 1.

Six of these were really *incipient* cases.

Six were more or less *advanced* cases, of which 2 were hopelessly ill and were admitted as a means of temporary relief only.

The number of patients discharged during the year who were in the Sanitarium at the time of the last report is 6. Of these 5 were discharged as "arrested cases."

(*a*) Had slight signs at the apex of one lung.

(*b*) Was a suspected case of phthisis.

(*c*) Had slight signs at the apex of one lung.

(*d*) Had signs in both lungs quite well marked.

(*e*) Had signs at the apices of both lungs.

All of these have remained well, as far as pulmonary symptoms are concerned, since they left the Sanitarium. One with marked signs in both lungs was discharged "much improved," and has remained at home during the winter, feeling very well.

Of the 12 admitted since the last report, 5 are still at the Sanitarium, "very much improved" and showing good

signs of recovery; 7 have been discharged, and of these 3 were "much improved"; 1 was practically an "arrested case," but left against advice, having no cough or expectoration after a three months' stay only; 3 were "not improved."

Although the Sanitarium is only intended for people who are showing the early symptoms of disease, it is impossible, for various reasons, to exclude certain cases for which there is nothing to be done but to give temporary aid.

The physicians add their solicitations to those of the other directors, for increased funds to carry on and extend the usefulness of this work. Not only the individual, but indirectly the community at large, is benefited by the erection of special sanitaria or hospitals for consumptives.

Tuberculosis, especially in the form of pulmonary consumption, destroys a larger number of human beings than any other known disease. Experience tells us that by increased facilities for discovering the disease early in its course we can successfully arrest it in a large number of cases, and that consumption is no longer considered the absolutely hopeless disease it was formerly thought to be. We are justified in saying that slowly but surely we are approaching the time when tuberculosis may be regarded as we now regard the plague or small-pox — diseases which were once the terror of the human race, but are now either unknown or so far under control that they are not so dreaded. One of the chief methods of combatting the disease is by

close supervision, such as can be given best in sanitaria built for the treatment of consumption. The physicians therefore earnestly ask for substantial aid in this work.

Thanks are again due to Dr. Sarah E. Bond, who has given the patients valuable assistance during the year.

VINCENT Y. BOWDITCH,
Medical Director.

Treasurer's Report.

RECEIPTS.

Donations		$4,642.60
Annual Subscriptions		2,611.00
Interest on Deposits		139.53
Receipts by Matron for Board and Sundries		1.991.17
Total Receipts		$9,384.30

PAYMENTS.

Provisions and Supplies	$2,465.75	
Assistant Matron and Nurse	57.50	
Assistant Physician	199.98	
Medical Examinations	33.00	
Matron	499,98	
Drugs and Medical Supplies	338.71	
Plumbing and Repairs on Heating Plant	131.02	
Painting	155.96	
Wagon and Harness	72.00	
Balance on Exchange of Horses	50.00	
Railway Fares	155.13	
Carried forward		$4,159.03

Amount brought forward . . .	$4,159.03	
Fuel	437.50	
Carpenter's Bills	38.39	
Telephone Plant and Tolls . . .	141.32	
House Furnishings	189.31	
Printing	45.75	
Awnings	78.00	
Insurance	225.00	
Carriage Hire	54.70	
Expressage	22.76	
Wages	1,120.45	
Sundries	253.92	
		$6.766.13
Surplus		$2,618.17

Original Contributors

TO THE

Foundation of Sharon Sanitarium.

Mr. Arthur A. Carey,
The Misses Mason,
*Mrs. B. S. Rotch,
Miss A. L. Rotch,
Miss Edith Rotch,
*Mr. Martin Brimmer,
*Miss M. A. Wales,
"A Friend,"
Mr. Nathaniel Thayer,
Mr. Bayard Thayer,
Mrs. Wm. Appleton,
Mrs. D. P. Kimball,
Hon. Henry L. Pierce,
Dr. R. B. Whitridge,
Mrs. C. E. Ware,
Mrs. John M. Forbes,
*Miss Wigglesworth,
Miss C. Endicott,
Mrs. M. D. Kimball,
Mrs. Thomas O. Richardson,
Mr. Charles Thorndike,
Dr. Charles G. Weld,
Miss Amelia H. Jones,
*Mr. Arthur Blake,
Mr. H. H. Hunnewell,
Mr. J. L. Gardner,
Mr. F. W. Hunnewell,
*Mrs. Amos A. Lawrence,
Miss Helen C. Bradlee,
Mr. F. C. Foster,
Mrs. Francis Skinner,
Mr. William H. Forbes,
*Mrs. Amory A. Lawrence,
*Mrs. J. Malcolm Forbes,
"A Friend,"
Mrs. J. H. Wolcott,
Mrs. T. Lindall Winthrop,
Mrs. Samuel R. Putnam.

*Deceased.

Miss Cornelia Warren,
Miss McDonald,
Miss Laura Norcross,
Mr. G. H. Norcross,
Mr. S. D. Warren,
Mr. W. A. Tower,
Mrs. James M. Barnard,
Mr. Robert T. Paine,
*Mr. Edwin Booth,
Mr. William S. Eaton,
Mrs. Joseph S. Bigelow,
Mrs. A. Prescott Baker,
*Mrs. Francis Brooks,
Mrs. Ezra H. Baker,
Mrs. G. Howland Shaw,
*Mrs. Augustus Lowell,
Mr. Arthur T. Lyman,
*Mr. George Higginson,
Miss Susan D. Kimball,
Mr. Charles H. Head,
Mrs. Susan H. Bertram,
Mrs. T. G. Wells,
Mrs. R. G. Shaw,
Mr. N. H. Stone,
Mr. Michael Burke,
Miss Mary A. Tappan,
Mrs. J. H. Hecht,
Miss S. H. Crocker,
Mr. Patrick P. Kelley,
Mr. E. H. Baker,
Mrs. R. S. Fay,
*Mrs. N. I. Bowditch,
*Mrs. E. I. Bowditch,
Miss A. A. Bigelow,
Mrs. H. Bigelow,
Mr. Robert M. Cushing,
Mrs. M. C. Wheeler.

*Deceased.

Donations

From March 1, 1895, to March 1, 1896.

Mr. W. H. Forbes	$100.00
Mr. A. T. Lyman	100.00
Miss Mary Tappan	10.00
"Friend"	400.00
Mr. A. A. Carey	500.00
"Friend" (A. H. J.)	1000.00
Mrs. S. R. Putnam	20.00
Mrs. F. Skinner	200.00
Miss Edith Rotch	25.00
Mr. C. S. Bird	5.00
Mr. H. S. Grew	100.00
Mrs. E. D. Marsh	3.00
Miss S. M. Fay	10.00
Mrs. G. H. Lyman	10.00
Mrs. S. P. Blake	5.00
Mr. H. L. Pierce	100.00
Miss H. M. Robinson	100.00
The Misses Storer	10.00
Mr. F. H. Peabody	10.00
Mrs. Sarah E. Read	10.00
Mrs. A. F. Wadsworth	5.00
Amount carried forward	$2,723.00

Amount brought forward	$2,723.00
Mrs. L. B. Schwarz	2.00
Mr. D. S. Ford	50.00
Mrs. M. C. Wheeler	5.00
Miss A. A. Bigelow	5.00
Mrs. J. Silsbee	50.00
Mr. W. A. Tower	50.00
Mr. C. P. Curtis	100.00
Miss S. E. Ward	5.00
Mr. G. Norcross	10.00
Mr. Francis Blake	25.00
"Friend"	50.00
Miss C. T. Downes	25.00
Miss O. Y. Bowditch	10.00
Mrs. Horace Dutton	20.00
"Friend"	25.00
Mrs. J. S. Bigelow	25.00
Dr. and Mrs. J. E. Goldthwait	25.00
Mr. D. L. Webster	50.00
Miss H. C. Bradlee	500.00
Mrs. L. Thompson	5.00
Dr. C. J. Blake	5.00
"Friend"	5.00
Mrs. H. F. Wolcott	200.00
Miss McDonald	97.60
Mr. T. Wigglesworth	100.00
Mr. G. Wigglesworth	100.00
Mr. C. Merriam	50.00
Mrs. Edwin Atkins	25.00
Miss M. S. Ames	100.00
Amount carried forward	$4,442.60

Amount brought forward	$4,442.60	
Mrs. G. L. Stearns	10.00	
Messrs. H. H. Hunnewell & Sons	20.00	
Mr. A. A. Lawrence	50.00	
Mrs. A. W. Spencer	50.00	
Miss Amy White	5.00	
Mrs. K. W. Sears	15.00	
Mr. C. S. Bird	15.00	
Miss E. Rotch	25.00	
Mr. Charles Thorndike	10.00	
		$4,642.60

Annual Subscribers

FROM MARCH 1, 1895, TO MARCH 1, 1896.

Mrs. A. Prescott Baker	$25.00	
Miss E. H. Bailey	5.00	
Mrs. Martin Brimmer	25.00	
Mr. L. Vernon Briggs	10.00	
Mr. C. S. Bird	10.00	
Mrs. J. M. Barnard	10.00	
Miss O. Y. Bowditch	5.00	
Mrs. Arthur Cheney	5.00	
Mr. A. A. Carey	100.00	
Miss A. M. Curtis	10.00	
Miss S. H. Crocker	10.00	
Mr. A. Dixwell	10.00	
Mr. Arthur Dexter	10.00	
Mrs. J. W. Elliot	10.00	
Miss Lucy Ellis	10.00	
Miss Helen Emmons	3.00	
Mrs. George Faulkner	25.00	
Mrs. Farwell,	5.00	
Mr. J. Murray Forbes	25.00	
Mrs. S. H. Hooker	2.00	
Miss Velma Briggs	2.00	
Amount carried forward		$317,00

Amount brought forward	$317.00	
Mrs. E. D. Marsh	2.00	
Mrs. H. H. Child	10.00	
Miss E. W. Howard	3.00	
Mr. Augustus Hemenway	100.00	
Miss Helen Jaques	10.00	
Miss Amelia H. Jones	10.00	
Mrs. M. Day Kimball	5.00	
Miss Susan D. Kimball	5.00	
Mrs. H. A. Lamb	25.00	
Miss Frances R. Morse	10.00	
Mrs. J. H. Morison	5.00	
Mrs. William Osler	5.00	
Miss Lucy Parsons	5.00	
Mr. O. W. Peabody	10.00	
Mr. Edward C. Perkins	5.00	
Miss Mary R. Peabody	2.00	
Mrs. E. S. Philbrick	5.00	
Miss Edith Rotch	25.00	
Mr. Edward Robinson	10.00	
Mrs. J. C. Stone	25.00	
Mr. Francis Shaw	10.00	
Mrs. K. W. Sears	10.00	
Mr. N. H. Stone	25.00	
Mrs. George L. Stearns	10.00	
Mrs. William Tudor	3.00	
Mr. Charles Vose	10.00	
Miss Cornelia Warren	10.00	
Miss A. S. Winsor	2.00	
Miss Yardley	5.00	
Amount carried forward		$679.00

Amount brought forward	$679.00	
Mrs. S. H. Winkley	10.00	
Mrs. George C. Lee	5.00	
Mrs. E. F. Bowditch	5.00	
Mrs. Lloyd Briggs	5.00	
Mrs. Francis Skinner	10.00	
Col. A. A. Pope	100.00	
Mrs. J. S. Bigelow	25.00	
Mr. William Bliss	100.00	
Mrs. William Brewster	10.00	
Miss Charlotte Bowditch	5.00	
Mr. J. E. Hudson	100.00	
Mr. E. Van R. Thayer	100.00	
Mr. G. O. Shattuck	25.00	
Mr. David Nevins	100.00	
Mr. Herbert M. Sears	100.00	
Mr. A. B. Silsbee	10.00	
Mr. F. W. Hunnewell	100.00	
"Friend" (S. G. A.)	10.00	
Mr. William Endicott, Jr.	100.00	
Mrs. N. Thayer, Jr.	100.00	
Mr. Charles Merriam	50.00	
Miss E. E. Sears	25.00	
Mrs. S. R. Putnam	10.00	
Mrs. William Appleton	100.00	
Mr. Arthur T. Lyman	50.00	
Mrs. Robert C. Hooper, Jr.	100.00	
Mr. W. S. Spaulding	100.00	
Mr. C. H. Dalton	10.00	
Mrs. R. G. Shaw	10.00	
Amount carried forward		$2,154.00

Amount brought forward	$2,154.00
Mr. Augustus Lowell	100.00
Miss M. S. Ames	50.00
Mr. W. B. Thomas	100.00
Mr. S. D. Warren	100.00
Mrs. Henry P. King	100.00
Mr. John Hogg	100.00
Mr. J. C. Rogers	100.00
Miss C. S. Keith	10.00
Mrs. Richard Stone	10.00
Mr. W. A. Tower	50.00
Mr. Charles Head	50.00
Mrs. J. C. Phillips	100.00
Mrs. Hermann F. Duryea	100.00
	$3,124.00

The following names are of those who during the past year up to March 1 have kindly contributed various articles for the use of the Sanitarium :

Mrs. L. A. Morton,
Miss E. D. Putnam,
Mr. Tamblyn,
Mr. E. Grey,
Mrs. Revere,
Mrs. H. H. Child,
Mrs. Comins,
Mrs. J. C. White,
Mr. Andrews,
Mrs. George Kempton,
Mrs. E. J. Horace,
Mrs. Narramore,
Mrs. J. E. Daniels,
Mrs. C. E. Daniels,
Miss Sarah E. Ward,
Miss Constance Keith,
Mrs. Puffer,
F. W. Bird & Co.

No. 2